When printing, please make sure your printer settings are set to print "Actual Size" to ensure the ruler on the sizing guide is accurate.

Aspen Vistam Collar Sizing Guide

APPLICATION

Preform

Before fitting the Vista Collar, bend the rear edges of the lateral panels inward. This process allows the collar to fit more closely around the neck for varying anatomies.

Adjust Height

Place the dial of the collar at or below the sternal notch and adjust the dial clockwise until the collar reaches the chin. NOTE: the dial has to be distracted from the collar before it can be rotated.

Tighten

With cervical neutral being maintained, mate hook and loop on both sides of the collar. If additional tightening is required, apply downward pressure on either side of the tracheal opening while refastening hook and loop on sides.

CHECK THE FIT

1. Sternal Notch Visible?

When properly positioned, the sternal notch should be visible through the tracheal opening and the chin should be well supported by the chin piece.

2. Collar Dialed Up?

Make sure there is no gap between the chin piece and chin and between the sternum pad and chest. The chin pad should be slightly compressed.

3. Slack Out?

The collar side panels wrap against and behind the neck while resting on or above the trapezius. Tighten the back panel evenly so it stays centered. If any gaps are present, tighten the collar further.

4. Throat Area Clear?

If the back of the chin piece is seen to be touching the throat, disconnect the hook and loop on both sides and lift the sides of the front panel up and off of the trapezius muscle. This will cause the chin piece to move forward, away from the throat.

Guidelines only. For more detailed information, check the instruction sheet, call to speak to a representative or visit our website at aspenmp.com.



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A PROPER FIT AS EASY AS 1-2-3

1. Chin-Dots hidden?

The chin must be flush with the front of the chin piece plastic.

2. Hook and Loop past mark?

Back panel plastic must overlap the sides of the front panel.

3. FlexTabs., bent? The FlexTabs on the front and back panels should be flexed.

SIZING GUIDELINES

Life Changing Innovation

1 - 18 months PD weight 11 - 29 lbs (5 - 13 kg) length 21 - 33 in (53 - 84 cm) 9 - 24 months weight 22 - 33 lbs (10 - 15 kg) length 29 - 37 in (74 - 94 cm) 1-3 years weight 24 - 36 lbs (11 - 16 kg) length 33 - 40 in (84 - 102 cm) 2 - 5 years PD weight 26 - 42 lbs (12 - 19 kg) length 35 - 45 in (89 - 114 cm) 3 - 6 years weight 27 - 54 lbs (12 - 25 kg) length 37 - 48 in (94 - 122 cm) Please Refer to Pediatric Collar Instruction spen Sheet for More Information

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